

Contents

Acknowledgments	vii
Introduction	ix
1 Eldercare Options: Considerations in Choosing the Right Long-Term Care	1
2 Choosing a Nursing Home	11
3 Paying for Nursing Home Care	31
4 Admission Process	71
5 Moving In	91
6 Quality of Care	103
7 Residents' Health Care Decision Making	131
8 Staying in the Nursing Home	145
9 How to Resolve Problems	167
Appendix A: Medicaid Resource and Income Allowances; Average Monthly Private Pay Rates	175
Appendix B: State Long-Term Care Ombudsman Programs	181
Appendix C: State Inspection Agencies	185
Index	193